

I WILL CALL UPON THE LORD

When you are in trouble, who will you call? Your choice probably depends on several things. First, it will be someone you love. Additionally, it will be someone who loves and cares for you. Finally, it will be someone who is capable of helping you with the trouble with which you are experiencing.

Think about who that would be in your life. Now, think about who can help you with not only problems of a physical, mental, or emotional nature but also who can help with all of these and those of a spiritual nature. David had people in his life he could have gone to for help. David also knew that there is One who can help in ways that others cannot.

In Psalm 18, we read David's response to a time of great trouble in his life. He had been anointed to be the next king of Israel at a young age, yet still had to endure much suffering at the hands of King Saul who sought to kill David. While there were people who helped David during this time, and there were people who even fought for David as well, he recognized who was ultimately responsible for his deliverance.

Psalm 18:1, *I love you, O LORD, my strength.* We see David's relationship with the LORD. David loved God because God loved him. The Apostle John understood that love on our part is only possible because of the love which God had first. 1 John 4:19, *We love because he first loved us.* Likewise, the Apostle Paul could say with confidence that the only reason he could endure through his trials and do what he had to do was by the strength that the Lord gave him. Philippians 4:13, *I can do everything through him who gives me strength.*

In verse 2, David lists several attributes of his God. As you read them and reflect upon them, they help us think about God and what he does for those loyal to him. He provides stability, safety, protection, and a way of escape. He is powerful and will fight for and deliver his faithful ones.

Then, in verse 3, we see the response of the LORD. The better we come to know God, the more we will realize there is truly no one else we can call upon who can do what he can. He is the Most High. When we call upon him in complete trust and loyalty, he will deliver us from trouble.

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